

1 Jump Skills with Tara LaBelle

Week 1

- Bend Drill
- Jump Directionals & Rear Crosses
- Jump Wrap – improving bending skills

Week 2

- Front Cross – takeoff side
- Collection Decel Drill
- Front Cross – Landing Side

Week 3

- Threadle Slide
- Threadle Wrap
- Ketschker K Turn

Week 4

- Basic Backside Jump Cue
- Backside Slice Jump & Proofing
- Backside Wrap Jump & Proofing

Week 5

- Throwback Lead-out
- Jump Forward Focus – creating obstacle focus to unleash the Velcro dog
- GoGoGo! Verbal Cue – getting your dog to send ahead of you to take a line of jumps